

## Castledon School RSHE SOW

YEARS 1 – 4		Year 1 2019-2020	Year 2	Year 3
<b>AUTUMN</b>	RECAP	MF1 – Identifying and expressing feelings AND MF2 – Managing strong feelings encountering to dev WILI3 – Rules and Laws encountering to dev Zones of regulation – emotions and strategies	MF1 – Identifying and expressing feelings AND MF2 – Managing strong feelings encountering to dev WILI3 – Rules and Laws encountering to dev Zones of regulation – emotions and strategies	MF1 – Identifying and expressing feelings AND MF2 – Managing strong feelings encountering to dev WILI3 – Rules and Laws encountering to dev Zones of regulation – emotions and strategies
Autumn	First	<b>Toys</b> SSS5 – Public and private Consider COVID-19 guidance NOT MASTURBATION	WILI2 –Jobs people do encountering to core  Include HL3 foundation to enrichment assessment	WILI1 Respecting the differences between people – encountering to core
	Second	<b>Keeping Healthy</b> SA1 – Things we are good at At foundation level Include girls/boys what we may see/respect differences and choice	WILI4 – Taking care of the environment encountering to core (focus animals)	SSS2 – Keeping Safe – community visit road safety
Spring	First	<b>Forest and Woodland</b> SSS2 – keeping safe Community visit road safety including stranger danger in line with red riding hood story	SA3 – Playing and working together	SA4 – People who are special to us
	Second	<b>Forest and Woodland</b> SSS1 – Taking care of ourselves	SA2 – Kind and unkind behaviours	CG4 – Different types of relationship  did not cover in autumn 1 WILI1 Respecting the differences between people – encountering to core  SSS5 – Public and private Consider COVID-19 guidance ADDED AS AN EXTRA NOT MASTURBATION

Summer	First	<b>Starship Enterprise</b> HL2 – Taking care of physical health	SSS2 – Keeping Safe – community visit road safety	HL1 – Healthy eating
	Second		WILI6 – Money	

YEARS 5 – 6		Year 1	Year 2
<b>AUTUMN</b>	RECAP	MF1 – Identifying and expressing feelings AND MF2 – Managing strong feelings encountering to dev WILI3 – Rules and Laws encountering to dev Zones of regulation – emotions and strategies	MF1 – Identifying and expressing feelings AND MF2 – Managing strong feelings encountering to dev WILI3 – Rules and Laws encountering to dev Zones of regulation – emotions and strategies
Autumn	First	<b>People and Communities</b> WILI5 – Belonging to a Community Include visits eg. KS5 Poppies , libraries, places of worship Include SSS2 Keeping safe road safety	<b>Where did I come from?</b> CG1 – Baby to adult Include SA1 enrichment to enhancement And WILI2 enrichment to enhancement
	Second	<b>Whatever the Weather</b> MF2 – Managing strong feelings Include SA2 enrichment and enhancement	<b>Bottoms, Burps and Bile</b> SSS4 – Keeping safe online <a href="https://esafetytraining.org/5-7-year-olds">https://esafetytraining.org/5-7-year-olds</a> <a href="https://www.thinkuknow.co.uk/4_7/hectorsworld">https://www.thinkuknow.co.uk/4_7/hectorsworld</a>
Spring	First	<b>Whatever the Weather</b> SA5 – Getting on with others tie in with CG4 enhancement and include SA3 enrichment and enhancement	<b>Hocus Pocus</b> SSS2 – Keeping Safe – community visit road safety <b>HL3 – Keeping well</b> <b>Include HL2 enhancement</b>
	Second	<b>Secret Garden</b> WILI4 – Taking care of the environment Development to enhancement as part of TOPIC	<b>Ancient Egypt? Ancient greeks?</b> WILI1 – Respecting the differences between people development to enhancement
Summer	First	<b>Secret Garden</b>	<b>Jungle and Rainforest</b> SSS3 - Trust

		SSS2 – Keeping Safe – community visit road safety	WIL16 - Money
	Second	<b>Into the Wild</b> CG3 – Dealing with touch Revisit and include SSS5 development to enhancement	<b>Jungle and Rainforest</b> CG2 – Changes at Puberty

Alternative Provision		Year 1 2022-2023	Year 2
Autumn	First	MF1 – Identifying and expressing feelings AND MF2 – Managing strong feelings encountering to dev WIL13 – Rules and Laws encountering to dev Zones of regulation – emotions and strategies	
	Second	MF2 – Managing strong feelings Include SA2 enrichment and enhancement	
Spring	First	SA5 – Getting on with others tie in with CG4 enhancement and include SA3 enrichment and enhancement	
	Second	SSS2 – Keeping Safe – community visit road safety	
Summer	First	WIL15 – Belonging to a Community Include visits eg. KS5 Poppies , libraries, places of worship Include SSS2 Keeping safe road safety	

	Second	CG3 – Dealing with touch Revisit and include SSS5 development to enhancement	
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<b>Life Skills Curriculum</b> Taken from Primary Core and Development		<b>Year 1</b>	<b>Year 2</b>	<b>Year 3</b>
Autumn	First	<b>Shopping</b> First 2 weeks: MF1 - Identifying and expressing feelings MF2 - Managing strong feelings  WILI2 - Jobs people do  SSS4 - Keeping safe online EMBEDDED WITHIN ICT	<b>Shopping</b> First 2 weeks: MF1 - Identifying and expressing feelings MF2 - Managing strong feelings  WILI6 - Money  SSS4 - Keeping safe online EMBEDDED WITHIN ICT	<b>Shopping</b> First 2 weeks: MF1 - Identifying and expressing feelings MF2 - Managing strong feelings  WILI3 - Rules and laws  SSS4 - Keeping safe online EMBEDDED WITHIN ICT
	Second	<b>Cooking</b> First 2 weeks: MF1 - Identifying and expressing feelings MF2 - Managing strong feelings  HL1 - Healthy eating	<b>Cooking</b> First 2 weeks: MF1 - Identifying and expressing feelings MF2 - Managing strong feelings  SSS2 - Keeping safe	<b>Cooking</b> First 2 weeks: MF1 - Identifying and expressing feelings MF2 - Managing strong feelings  WILI1 - Respecting differences between people
Spring	First	<b>Personal Care</b>  HL2 - Taking care of physical health  CG1 - Baby to adult	<b>Personal Care</b>  SSS1 - Taking care of ourselves	<b>Personal Care</b>  CG2 - Changes at puberty  CG3 - Dealing with Touch

	Second	<b>Household</b> SA4 - People who are special to us	<b>Household</b> HL3 - Keeping well	<b>Household</b> WIL14 - Taking care of the environment
Summer	First	<b>Community Purpose</b> SSS3 - Trust	<b>Community Purpose</b> WIL15 - Belonging to a community	<b>Community Purpose</b> SSS5 - Public and private
	Second	<b>Community Pleasure</b> SA1 - Things we are good at SA5 - Getting on with others	<b>Community Pleasure</b> SA2 - Kind and unkind behaviours SA3 - playing and working together	<b>Community Pleasure</b> CG4 - Different types of relationships
Ongoing		SSS2 - Keeping safe MF1 - Identifying and expressing feelings MF2 - Managing strong feelings SA3 - playing and working together	SSS2 - Keeping safe MF1 - Identifying and expressing feelings MF2 - Managing strong feelings SA3 - playing and working together	SSS2 - Keeping safe MF1 - Identifying and expressing feelings MF2 - Managing strong feelings SA3 - playing and working together

YEARS 7 - 9		Year 1	Year 2	Year 3
<b>DURING BASELINING</b> REVIEW ASSESSMENTS FOR STUDENTS COMING UP MAY NEED TO RECAP THESE AREAS AND ZONES WORK FROM KS1/2 RSE CURRICULUM TO MOVE THEM TO ENHANCED		Recap KS2 WIL13 – Rules and Laws - Class rules and school rules , Be kind, Be safe , Be responsible lesson or two if needed Mf1 – self -esteem and unkind comments MF2 – Managing strong feelings	MF1 – Identifying and expressing feelings MF2 – Managing strong feelings WIL13 – Rules and Laws	MF1 – Identifying and expressing feelings MF2 – Managing strong feelings WIL13 – Rules and Laws
Autumn	First	SA1- Personal Strengths SA2 – Skills for learning	WIL12 Managing online information  <i>Use Mediasmart for pack of lessons to intro this topic. Saved on server</i>	CG3 Healthy/Unhealthy relationship behaviours Antibullying week usually Nov, so recap this then
	Second	SSS1 – Feeling unwell CG1 - Puberty	HL2 – Mental Wellbeing HL5 Body image HL6 – Medicinal drugs	SSS4 – Keeping safe online HL1 – Elements of a healthy Lifestyle

Spring	First	SSS6 – Public and private	SSS3 – Accidents and Risk	CG2 – Friendship (include old conflict resolution)
	Second	MF2 – Strong feelings SSS5 – Emergency situations Include basic first aid	MF1 – Self esteem and unkind comments	SA4 – Managing pressure include WILI5 – Managing finances SSS7 – Gambling
Summer	First	WILI3 – taking care of the environment	WILI1 – Diversity, Rights and Responsibilities	SSS2 – Feeling frightened and worried
	Second	CG5 – Long term relationships and parenthood encountering to core	SA3 – Prejudice and discrimination	MF3 – Romantic Feelings and Sexual attraction CG4 – Intimate relationships, consent and contraception