

KS2/3 Lifeskills Curriculum

Year B 2022-2023	<u>Autumn Term 1</u>	<u>Autumn Term 2</u>	<u>Spring Term 1</u>	<u>Spring Term 2</u>	<u>Summer Term 1</u>	<u>Summer Term 2</u>
<u>Theme</u>	Shopping	Cooking	Personal Care (routines focus)	Household (routines focus) pillowcases/duvets, folding clothes	In the community - purpose Emergency Services	In the community - pleasure
<u>Literacy</u>	Recounts Weekly recounts of experiences in school using photo prompts and video clips to support with recall of information	Recipes To know what the key information on a recipe is and where to find it To be able to apply key vocabulary to fill in missing information to make the recipe make sense	Instructions Understanding instructions for self care Focus on the importance of an order, and also that sometimes it may not matter and also on the importance of the routine and frequency, time	Instructions Understanding instructions for household routines Focus on how to give instructions to others and the need for accurate information and the correct order	Letters Knowing the purpose and function of a letter How to write a letter and the information needed on an envelope to send a letter	Adverts Identifying important information on an advert What is the key information needed and how to find out this information about events
<u>Maths</u>	Number inc. money and weight	Number inc. money and time	Number inc. money and length	Number inc. money and shape	Number inc. money and position and direction	Number inc. money and time
<u>RHSE</u>	First 2 weeks: MF1 - Identifying and expressing feelings WIL16 - Money SSS4 - Keeping safe online EMBEDDED WITHIN ICT	First 2 weeks: MF2 - Managing strong feelings SSS2 - Keeping safe	SSS1 - Taking care of ourselves	HL3 - Keeping well	WIL15 - Belonging to a community	SA2 - Kind and unkind behaviours SA3 - playing and working together
<u>Community</u>	Weekly rotation: Offsite: Shopping inc. collecting what is needed and google maps to find location (postcode / address)	Weekly rotation: Offsite: Shopping inc. collecting what is needed and google maps to find location (postcode / address)	Weekly rotation: Offsite: Shopping inc. collecting what is needed and road / car park safety Onsite: Use recipe for following week: write list,	Weekly rotation: Offsite: Shopping inc. collecting what is needed and road / car park safety Onsite: Use recipe for following week: write list,	Weekly rotation: Offsite: Shopping inc. collecting what is needed and giving directions to get to the location Onsite: Use recipe for	Weekly rotation: Offsite: Shopping inc. collecting what is needed and giving directions to get to the location Onsite: Use recipe for

	Onsite: Use recipe for following week: write list, check cupboard, search online for item/prices, use list to buy items using differentiated amounts - including different sizes of the same item. (making amounts)	Onsite: Use recipe for following week: write list, check cupboard, search online for item/prices, use list to buy items using differentiated amounts - including different sizes of the same item. (making amounts)	check cupboard, search online for item/prices, use list to buy items using differentiated amounts - including different sizes of the same item. (making and adding amounts)	check cupboard, search online for item/prices, use list to buy items using differentiated amounts - including different sizes of the same item. (making and adding amounts)	following week: write list, check cupboard, search online for item/prices, use list to buy items using differentiated amounts - including different sizes of the same item. (making, adding amounts and giving change)	following week: write list, check cupboard, search online for item/prices, use list to buy items using differentiated amounts - including different sizes of the same item. (making, adding amounts and giving change)
<u>ICT</u>	Using the internet Pupils to recognise devices that can connect to the internet and what activities people can do online. Pupils to name trusted adults and show how they can ask for help. Pupils to give examples and show knowledge of what information is unsafe to share online. Pupils to recognise the differences between online and offline real life experiences.	Using a keyboard Pupils to learn how use a keyboard to find letters and numbers. Pupils to use different keys on a keyboard (enter, spacebar, typing capital letters). Pupils to work towards completing tasks where they need to type sentences.	Using and keyboard and using a search engine Pupils to learn how to type keywords into search engine to find images and information needed to create a poster about how to brush teeth, wash their face and other personal care routines.	Creating a slideshow Pupils to use editing and formatting skills to create a presentation about how to stay safe in different areas of the home. Pupils to recognise basic features of creating a slideshow (adding a new slide, clicking on different slides).	Making safe choices when using the internet Pupils to learn how to recognise when they need a break from using the internet, adults who can help them and how to report unsafe behaviour online.	To research a place of interest Pupils to use a search engine to find out information about a place that they are interested in. Pupils to find key information about a place of interest.
<u>Science</u>	Uses of Everyday Materials linked to suitability for clothing linked to the weather Pupils will explore and experiment with materials and their properties with a focus on waterproof and insulation. Plan, design, make and evaluate/adapt an item that is suitable for a doll / teddy to reflect a chosen weather type	Animals including Humans linked to healthy diets, healthy eating focus Pupils will learn about germs and the impact on health, linking to washing hands when cooking They will explore types of diets - healthy and unhealthy and the Eatwell plate and design a no cook healthy meal, write a shopping list and make their healthy meal	Animals including humans linked to parts of the body and senses Pupils will learn about using their senses to keep clean and safe, such as sight to identify dirty clothes, smell to identify food that has gone off and how they keep themselves clean	The environment Inc. RSHE WIL14 - Taking care of the environment Pupils will learn about habitats in the local environment and what animals need to survive. They will learn the importance of caring for the environment around them, including recycling	Forces Pupils will learn about basic forces, speed and friction. They will experiment with vehicles and ramps to explore the difference that materials can make to the distance that an object travels	Seasonal changes - summer / spring linked to weather reports Pupils will learn about the changes between spring and summer and how to reflect this in their day to day living, such as the daylight being longer and key events they may enjoy. They will think about planning for the seasons, including clothing, and how to use this to plan for a day out

<u>Topic</u>	Shopping	Recipes	Looking after mental wellbeing	Cleaning	Purpose of emergency services	Planning a trip
<u>Food</u>	<p>Pupils will learn about the different job roles in a shop; customer / till merchant / customer service. They will think about the different types of shops and where they would go for given items before practising the roles of different jobs in a shop through role play activities</p> <p>Pupils will follow the same recipe for 2 weeks to develop independence</p> <p>Drinks Large equipment: blender, kettle</p> <p>Skills: cutting, blending, pouring,</p> <p>Recipes: Strawberry and banana smoothie Raspberry and apple smoothie Hot drink (tea/coffee/hot chocolate choice)</p>	<p>Revisit features of recipes. Using the recipe for the food lesson that week, pupils will look at ingredients and utensils needed and talk about the dangers linked to oven safety and appropriate materials to use in an oven</p> <p>Pupils will follow the same recipe for 2 weeks to develop independence</p> <p>Sweet mini pies/tarts Large equipment: oven</p> <p>Skills: mashing, peeling, cutting, rolling</p> <p>Recipes: Blueberry tarts Apple pie Mince pies</p>	<p>Pupils will learn about the meaning of mental health and the importance of a healthy mind. They will learn different ways to help themselves and others feel happy, taking part in different activities to find ways to relax themselves</p> <p>Pupils will follow the same recipe for 2 weeks to develop independence</p> <p>Pizza and chips Large equipment: oven</p> <p>Skills: spreading, peeling, cutting,</p> <p>Recipes: Pitta pizza Wrap pizza Pastry pizza</p>	<p>Pupils will learn about where furniture is located in a house and look at different layouts. They will think about how furniture needs to be cleaned, including dusting, hoovering. They will then create a chores list using what they have learnt</p> <p>Pupils will follow the same recipe for 2 weeks to develop independence</p> <p>Pasta and toppings Large equipment: hob</p> <p>Skills: draining water, grating, mixing, cutting</p> <p>Recipes: Cheesy pasta Tuna pasta Tomato pasta</p>	<p>Pupils will learn about the purpose of the fire brigade, paramedic, police and coastguard and what to do in an emergency. They will learn to recognise each service by their uniform, equipment and where they might see them</p> <p>Pupils will follow the same recipe for 2 weeks to develop independence</p> <p>Fairy cakes Large equipment: oven</p> <p>Skills: weighing, mixing</p> <p>Recipes: Plain fairy cakes Chocolate fairy cakes Lemon fairy cakes</p>	<p>Pupils will use an advert to support planning for a trip in the local community, thinking about what they need to know, where to go, how to get there, what to take. They will prepare themselves and undertake a trip to a local park and mini golf</p> <p>Pupils will follow the same recipe for 2 weeks to develop independence</p> <p>Recap Large equipment: blender, kettle, oven, hob</p> <p>Skills: all skills practised this year</p> <p>Recipes: Strawberry and banana smoothie Hot drink Apple pie Pitta pizza and chips Cheesy pasta Plain fairy cakes</p>